

The Boulder Institute for Psychotherapy & Research

is pleased to present a

Front Porch Lecture

By

Jane D. Conron, Ph.D.

Instructor of Psychiatry and Behavioral Medicine
Northwestern Feinberg School of Medicine

Director of Training for Diagnostic Assessment in Psychology
Chicago Lakeshore Hospital, affiliate of University of Chicago, Department of Psychiatry

Attachment, Trauma and Neurobiology: Clinical Paradigms & Interventions

Friday March 13, 2009 8:30 – 4:30 PM

Location: NITA Education Center, Louisville
363 Centennial Parkway, Louisville, 80027

Directions: Located just NW of McCaslin Blvd. & Hwy 36, off Dillon Rd. in the office park directly behind Lowes (site contact information: (303) 953-6800, www.nita.org)

Schedule:

8:30-9:00 Registration and Continental Breakfast

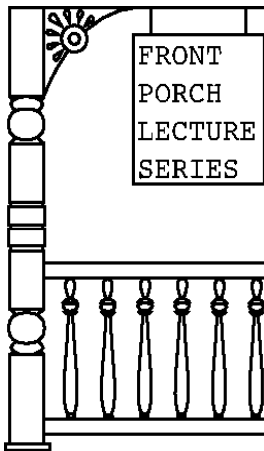
9:00-12:00 Presentation and Questions

12:00-1:15 Lunch (provided)

1:15-4:30 Presentation/Discussion with Questions

The emerging role of neurobiology in attachment and trauma has led to a greater knowledge of the physiological changes surrounding normal and deviant attachment processes and the neurobiological changes that occur in response to trauma. The impact of traumatic experiences during early attachment and later in life creates a challenge for the therapeutic relationship. Rather than relating to the client, the therapist is often relegated to relating to the dysregulated neurobiology of the patient.

The goal of the current workshop is to outline the clinical paradigms that result from traumatic experience and early traumatic attachments and review effective therapeutic treatment interventions for these clinical paradigms. We will discuss treatment approaches that work toward restoring (or creating) an organized and regulated sense of self. We will review the aspects of current treatment paradigms, including self-psychology, object relations, relational therapy, subjectivity, therapeutic mindfulness, and cognitive behavioral therapy, that create specific changes for patients who have experienced trauma and traumatic attachments. We will discuss and review the role of therapist, the role of family members in the case of child therapy, and the role of the patient, in creating and maintaining the change process.



This workshop will rely upon case examples to illustrate the clinical issues and to establish links between the impact of elements of these treatment approaches on the neurobiology and neurophysiology of the patient.

Speaker Bio: Dr. Conron is a Clinical Psychologist, serving currently as Instructor of Psychiatry and Behavioral Medicine at Northwestern Feinberg School of Medicine, training Interns and Post-Doctoral Fellows. In addition, she is the Director of Training for Diagnostic Assessment in Psychology at Chicago Lakeshore Hospital, a private psychiatric teaching hospital affiliated with the University of Chicago's Department of Psychiatry. Dr. Conron has directed multidisciplinary in-patient and out-patient psychotherapy clinics at private psychiatric hospitals, and at present she serves as a consultant to the Illinois Department of Children and Family Services in the area of assessment and post-adoption. She maintains a private practice in Illinois in which she works with families, children, and young adults.

Since 2002, Dr. Conron's studies and research have included training in the areas of attachment, neurobiology, and affect development & regulation, at the University of Minnesota, UCLA, the University of Chicago, and Northwestern University. She has been an invited speaker to Division 39 of the American Psychological Association, The Chicago Institute of Psychoanalysis, the Institute for Juvenile Justice,

Attachment, Trauma and Neurobiology: Clinical Paradigms and Interventions Registration:

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Cost: Non BIPR members: \$115 BIPR Members: \$95 Non-profit employee/Full-time Student: \$45

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Amount Enclosed: _____

Mail to: BIPR Front Porch Lecture Series 1240 Pine St, Boulder, CO 80302

PLEASE REGISTER EARLY---LIMITED SPACE AVAILABLE

CANCELLATION POLICY: Registrations cancelled 4 days or more prior to the workshop will be refunded minus a \$35 handling fee. No refunds will be issued for later cancellations. If the workshop must be cancelled for any reason, a full refund will be issued.