

The Boulder Institute for Psychotherapy and Research
Academic Year 2009-2010

Course Title: *Neuroscience, Attachment Theory, Relational Trauma and the Psychotherapeutic Process: Expanding Techniques in Psychodynamic Psychotherapy*

Course Instructors: Cynthia Divino, Ph.D. and Mary Sue Moore, Ph.D.

Course Description:

In this weekly, year-long course we study psychodynamic psychotherapy theory and technique in depth, and apply these principals to clinical practice. Psychoanalytic principles discussed include transference, counter-transference, resistance, defense, and termination. Object relations theory is presented through readings from selected theorists including Winnicott, Bollas and Mitchell. Attachment theory is integrated into lectures and discussion, emphasizing the impact of attachment experience on personality development, building interpersonal relationships, and experience within the clinical setting.

A third integrative framework for the course is the impact of traumatic experience on development. With the advent of neuro-imaging, our understanding of the brain and brain functioning has grown rapidly. New neurobiological empirical research data including material on: mirror neurons, procedural memory, attachment and infant development, and the impact of trauma on the brain, are highlighted. Psychodynamic theory and tenants of psychotherapy are evaluated using these new data. Modifications of techniques that incorporate new findings are explored and explained. We intend for this course to inspire lively discussion about clinical applications of the new findings, considering when an integration of new data, theory and technique is possible and when conflicts arise.

Schedule & Format:

The year-long course meets from 8-10 on Tuesday mornings, in the BIPR Conference Room at 1240 Pine Street. There are 15 seminars per semester, starting in early Sept. with breaks for Thanksgiving week, the Winter holidays, and Spring break. Class format includes readings, lecture and discussion, as well as consultation on vignettes of clinical work (incl. videos or audio tapes) presented by students and instructors.

Fee: \$30 per session, or \$450 per semester.

REGISTRATION FORM:

NAME _____

Postal address: _____

City, State, Zip _____

Phone: home _____ office _____

cell _____

E-mail address: _____

Payment schedule: I prefer to pay

_____ Once a semester: \$450

_____ In three payments of \$150 (Oct. 1, Nov. 1, Dec. 1)

_____ Once a month (\$75 pd, Sept., Oct. Nov. Dec.)

Amount enclosed: _____ [Ck # _____ BIPR Rep _____]