

## **Paul Sireci, MA**

- Adult Individuals and Child Clinical Social Work Intern
- 303-442-4562 Malbox #3

### Education & Training

- B.A. in International Development, American University, 2004
- M.A. in Special Education, Trinity University, 2007
- Masters Candidate in Clinical Social Work, expected date of graduation—August 2010
- Pre-Master's internships: Windhorse Associates (Northampton, MA), 2008-2009

### Professional Interests/Specialties:

- Adult Individual therapy- Identify strengths through a culturally sensitive lens, empower clients to understand how early relationships influence current life choices and current relationships, work on depression, anxiety, anger, lack of purpose, stress management, and sexual issues
- Transitions- Assist individuals/couples to work through divorce, grief/loss, career change, major illness, and lifecycle changes
- Child therapy- Work with children and associated adults to help build resiliency and coping skills that work at school and at home. Help parents and children learn to relate to each other in ways that foster healthy attachment and meeting developmental milestones. Help families of kids with disabilities increase their capacity to meet challenges effectively.
- Work with LGBTQ and curious clients on issues relating to gender identity, expression, and transition as well as issues of sexual orientation, identity, and coming out. Related issues of adoption, workplace discrimination, harassment, and family struggles
- Treatment modalities- strengths based approach, mindfulness approach, time limited dynamic therapy, attachment based therapy, and contemporary object relational therapy