

The Boulder Institute for Psychotherapy and Research
is very pleased to present

A Psychobiological Approach To Couples Therapy®



Stan Tatkin, Psy.D., LMFT

Attendance at both events will provide the most in-depth exposure to Dr. Tatkin's groundbreaking and innovative approach to couples therapy although each is a stand-alone event.

Friday, April 30, 2010, 9 AM - 5 PM (Boulder) This workshop will present a didactic overview integrating neurobiology, attachment history, arousal regulation and therapeutic enactment as applied to adult romantic relationships. Within this overview, participants will learn the importance of tracking and addressing the moment-by-moment psychobiological shifts and changes (eye contact, gestures, physical proximity, tone of voice) within and between partners, a task critical to facilitating greater “interactive regulation” and a “turning towards” one another. Clinical videotaped sessions and experiential demonstration of the principles and techniques will be utilized.

Saturday, May 1, 2010, 9 AM - 1 PM (Fort Collins) This second workshop will feature a review of material presented in Boulder, followed by a lively and personal clinical roundtable with Dr. Tatkin. The review will allow those not attending in Boulder to join in this more clinically focused part of the two-day training sequence.

In conjunction with the Boulder Institute for Psychotherapy and Research (BIPR), Sharon P. Austin, Psy.D. and Wayne Carpenter, M.Div., MA, LMFT present Stan Tatkin, Psy.D., Assistant Clinical Professor, Department of Family Medicine, UCLA David Geffen School of Medicine. Dr. Tatkin is a clinician, researcher, teacher, and developer of A Psychobiological Approach To Couples Therapy®. This approach integrates neuroscience, infant attachment, arousal regulation, and therapeutic enactment as applied to adult primary attachment relationships.

Dr. Tatkin maintains a practice in Calabasas, California, and runs a bi-weekly clinical study group for medical and mental health professionals and training programs in Los Angeles, San Francisco, Seattle and Austin. His new book, *Love and War in Intimate Relationships: A Psychobiological Approach to Couples Therapy*, co-authored with Marion Solomon, and a part of the Norton's Interpersonal Neurobiology Series, is due April 2010. He has published several articles on the psychobiology of couples therapy.

More about Stan Tatkin's Workshop Presentations

"Stan Tatkin's creative model of marital psychotherapy is an outstanding example of an effective emotionally focused treatment that integrates current advances in neurobiology and attachment theory with solid clinical practice. His pragmatic therapeutic approaches resonate well with current research on the essential role of the right brain in emotional

communication, bodily processes, developmental processes, and affect regulation. I highly recommend the groundbreaking work of this gifted teacher." *Allan N. Schore, Author of Affect Dysregulation and Disorders of the Self, and Affect Regulation and the Repair of the Self*

"Stan has the most innovative approach to working with couples that I've seen in years! Learning from Stan Tatkin is a delightful experience. You will be able to integrate attachment and neuroscience concepts in a practical way that your clients will find helpful immediately. Don't miss this opportunity!" *Ellyn Bader, Ph.D., The Couples Institute; Author of In Quest of the Mythical Mate, High Impact Couples, and Tell Me No Lies*

Location: Boulder: *Sensorimotor Psychotherapy Institute, Crossroads Gardens 1800 30th Street, Suite 201 Boulder, Colorado (N. of Arapahoe on 30th), 303-447-3290 (call for directions)*
www.sensorimotorpsychotherapy.org

Fort Collins: *Pathways Hospice, 305 Carpenter Road, Fort Collins, CO 80525*
Phone: 970-663-2364 (call for directions only)

Cost: Boulder alone, \$110, Ft. Collins alone, \$50, both, \$145;

Discount options: Three or more registrants together, \$135 for both events.

****STUDENTS/NON-PROFIT EMPLOYEE RATE: \$55 (For either event OR both events)**
Student registrations must include copy of current student ID card.

BIPR Members receive a 20% discount off the un-discounted rate: \$90 Boulder alone, \$40 Fort Collins alone, \$115 for both. Membership fee \$50 yr—forms: www.bipr.org

Registration for BOTH Boulder and Fort Collins: Please go to the Boulder Institute for Psychotherapy and Research website, www.bipr.org and click on "**Trainings**" to download registration form. **Mail form to: BIPR Training, 1240 Pine Street, Boulder, CO 80302-4809**

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Registration: "Psychobiological Approach to Couples Therapy" Dr. Stan Tatkin, 4/30-5/1 2010

Name: _____ **Profession:** _____

Address: _____ **Phone:** _____

_____ **Email** _____

Check here to become a B.I.P.R. Member and receive a 20% Discount on the cost of this series and all other B.I.P.R. lectures and seminars in 2010 (Please enclose Membership Form and Fee with Registration)

I AM REGISTERING FOR~ BOTH EVENTS (4/30 and 5/1) _____
FT. COLLINS EVENT (5/1) ONLY _____ BOULDER WORKSHOP (4/30) ONLY _____

Total amount enclosed: _____ **Ck #** _____

_____ **I've registered on line using BIPR PayPal**

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For more information specific to the Fort Collins event contact Sharon Austin, 970-493-4093 or sharonaustin@comcast.net or Wayne Carpenter at 970-224-1778 or waynecarpenter@msn.com. For more General Information about B.I.P.R. or the event: Phone: 303-442-4562; Fax: 303-444-2843; E-mail: info@bipr.org

CANCELLATION POLICY: Registrations canceled 6 days or more prior to the workshop will be refunded minus a \$25 handling fee. No refunds will be issued for later cancellations. If the workshop must be canceled for any reason, a full refund will be issued.